

CETA – The Centre for Education
and Training in Autism

TRAINING PROGRAMME

November 2009 – March 2010



The **Scottish
Society** for
Autism



**Embracing
the Difference**



CETA CONTENTS

Month	Event	Page No
	Programme information	4-5
NOVEMBER		
24th	Let's Play: Understanding and Developing Core Play Skills (Day 1)	6
25th	Let's Play: Understanding and Developing Core Play Skills (Day 2)	6
DECEMBER		
2nd	Understanding and Supporting Offending Conduct in relation to People with Autism/Asperger's syndrome	8
3rd	Understanding Sexuality and Identifying Teaching Strategies	9
8th	An Introduction to Autism Spectrum Disorders	10
JANUARY 2010		
12th	Access to the Learning Environment and Curriculum for pupils with an ASD	11
19th	Communication Issues and the Sensory Perceptual Experience in Autism	12
FEBRUARY		
24th	Current Research and Implications for Practice in Autism Spectrum Disorders	13
MARCH		
2nd, 3rd & 4th	Training for Trainers "Introduction to ASD"	14
8th	An Introduction to Autism Spectrum Disorders (Education Focus)	15
	Calendar of Events	16
10th	Well Being, Emotions and Challenging Behaviour in ASD	18
17th	Autism and Music	19
	Booking Form	29
	Accommodation and Travel Guide	31



EXTERNAL TRAINING CONTENT

Training	Page No
Training for Parents	21-23
<ul style="list-style-type: none"> • emerge (Early Skills Development Training for Parents) • RU:teen: Relationships and Understanding for Parents of Teenagers with Autism and additional Learning Disability • RU:teen: Relationships and Understanding for Parents of Teenagers with Asperger's syndrome (AS) 	
External Training Service	24-25
<ul style="list-style-type: none"> • An Introduction to Asperger's syndrome • Understanding and Responding to Behavioural Challenges in Autism • Practical Communication Strategies in Autism • Working with Adults with Autism and additional Learning Disability 	
Specialist Assessments	26
<ul style="list-style-type: none"> • Adolescent and Adult Psychoeducational Profile (AAPEP) / The TEACCH Transition and Assessment Profile (TTAP) • The Psychoeducational Profile Revised (PEP-r) / Psychoeducational Profile: Third Edition (PEP-3) 	
Autism Consultancy	28



PROGRAMME INFORMATION

Welcome to the November 2009 – March 2010 CETA Training Programme.

LEVELS (pending accreditation)

CETA Training Events are designed at different levels (see individual course information for details)

Level 1: Introductory – Designed for practitioners new to the field and parents requiring basic information

Level 2: Intermediate – Designed for more experienced practitioners and parents requiring more detailed information

Level 3: Advanced – Designed primarily for experienced/skilled practitioners and clinicians requiring information on specific issues and approaches

Courses are coded based on CETA's previous levels i.e. Introductory, Intermediate and Advanced. As CETA aims to take training courses through the Autism Accreditation System these levels may change in line with this.

CERTIFICATION

Attendance certificates will be provided for all courses.

VENUE

CETA Training Events will take place at Gean House Conference Centre, Tullibody Road, Alloa, FK10 2EL.

External Training Events will take place at a venue of your choice booked by the purchasing organisation.

REFRESHMENTS

Lunch and refreshments will be provided at all full day events. Refreshments will be available at all other events.

PAYMENTS

All payments must be received prior to attendance. Invoices must be paid within 30 days of issue.

CREDIT NOTES

Credit notes will only be issued when a cancellation has been made in the appropriate timescale and the delegate has requested to attend an event at a future date. Credit notes must be used within a 12 month period from the date of issue otherwise they are void.

CANCELLATIONS AND SUBSTITUTIONS

No refunds will be given for any cancellations received in the 2 week period prior to the event date. Cancellations received after confirmation of booking and before the 2 week cut off date will result in the fee being refunded less an administration charge of (£15 per



delegate). Please note that cancellations must be in writing. If you do not cancel and fail to attend – no refund will be made. Substitutes may be made at any time – notification of substitutes should be given prior to the event.

CETA reserves the right to cancel training events due to illness of a speaker, low numbers or weather permitted circumstances. Every effort will be made to give delegates as much notice as possible, although this is not always possible in some circumstances.

CETA reserves the right to change details of speakers without any prior notification to the delegates.

NON REGISTERED DELEGATES

In the unlikely event that non registered delegates should turn up on the day they will be allowed to access the training event as long as there is adequate availability on the training and it is not full to capacity.

If the training event is full to capacity delegates will unfortunately be turned away. To avoid disappointment please ensure that you have received written confirmation as CETA will not accept responsibility for travel costs or time away from work.

DATA PROTECTION

The personal information provided by you will be held on a database by The Scottish Society for Autism and used to manage registration for your attendance at CETA Training Events. Unless you advise us in writing, your name and affiliation may be made available in a list of delegates to attendees. The personal data in the database will be retained by The Scottish Society for Autism, unless requested in writing, and may be used in future to inform you about other training services and events that may be organised by or in conjunction with The Scottish Society for Autism.

ENQUIRIES

General enquiries can be made by contacting CETA on Tel: 01259 222032, Fax: 01259 720051 or e-mail: ceta@autism-in-scotland.org.uk

CETA TRAINING PROGRAMME REQUESTS

If you would like to receive a copy of the CETA Training Programme please contact CETA on 01259 222032 or e-mail ceta@autism-in-scotland.org.uk. Please note your details will be automatically added to the CETA Mailing Database.

Information on CETA can be accessed by visiting the Society's website www.autism-in-scotland.org.uk



NOVEMBER

Course No: 1

Let's Play: Understanding and Developing Core Play Skills (Day 1)

Course description:

Day 1: The background to play and autism at the behavioural and psychological levels

- Understanding the fundamental importance of play on the development of core skills
- Exploration of how development of play in autism differs from typical development
- Interactive interpretation of play through analysis of video footage
- Identifying the impact of autism on play at the behavioural and psychological levels through analysis of video footage

Course No: 2

Let's Play: Understanding and Developing Core Play Skills (Day 2)

Course description:

Day 2: Practical Day: Translating Theory into Practice

- Delegates will get the opportunity to analyse video footage of play
- Structuring play for children with autism
- Exploration of examples of visual strategies for developing/supporting play
- Incorporating play as a vehicle for developing core skills across function areas

Speaker: Mary Hamilton, Senior Autism Advisor
Date: Monday 23 (Day 1) & Tuesday 24 (Day 2) November 2009
Time: 10am – 4pm
Venue: Gean House Conference Centre, Tullibody Road, Alloa
Level: Day 1 - 1 (Introductory) Day 2 – 2 (Intermediate)

Target audience: Pre-5 workers, nursery teachers/staff, outreach teachers, speech and language therapists, outreach service workers and parents



The speaker: Mary Hamilton, Senior Autism Advisor within the Autism Advisory and Consultancy Service. Mary has over 20 years experience working in the field of education with children who have special needs, including ASD. Mary has 12 years experience as a Family Support Worker and Autism Advisor including 3 years post diagnostic support to families within South Lanarkshire Council.

Mary has a BPhil in Special Education Autism (Adults) and a Diploma in Special Educational Needs (Children), Post Graduate Certificate in Counselling Skills along with a NNEB.

Important Information: The Let's Play courses can run independently or as a 2 day course.

We do not recommend that delegates attend Day 2 if they have no prior theoretical knowledge of autism and play.

*CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
**External (off-site) cost on request for up to 25 delegates	£700.00

**If attending Play Day 1 & 2 you will be entitled to a reduced rate of £240.00 for the 2 days (this applies to the professional rate only).*

***This course can be delivered off-site at a venue of your choice for up to a maximum of 25 people. If you would like further information please contact a member of the CETA training team on 01259 720044 or e-mail ceta@autism-in-scotland.org.uk.*



DECEMBER

Course No: 3

Understanding and Supporting Offending Conduct in relation to People with Autism/Asperger's syndrome

Course description:

- To understand why people with autism might come into contact with the law
- Investigate the nature of autism and why people behave the way they do
- Examine the perceptual experiences of people with autism in relation to the law
- How might we identify children/adolescents?
- How their profile/behaviour might predict that they may come into contact with the legal system?
- How can we support this?

Speaker: Luke Beardon, Senior Lecturer in Autism

Date: Wednesday 2 December 2009

Time: 10am – 3.30pm

Venue: Gean House Conference Centre, Tullibody Road, Alloa

Level: 2-3 (Intermediate-Advanced)

Target audience: Anyone with an interest in Autism/Asperger's syndrome.

CETA Cost per person

£140.00 (Professional)

£60.00 (Parent / Individual with ASD)



Course No: 4

Understanding Sexuality and Identifying Teaching Strategies

Course description:

- Development of sexuality and sexual relationships
- Sexual behaviours, boundaries and teaching around sex
- Appropriateness, inappropriateness and deviancy
- Case study examples of strategies

Speaker: Luke Beardon, Senior Lecturer in Autism

Date: Thursday 3 December 2009

Time: 10am – 3.30pm

Venue: Gean House Conference Centre, Tullibody Road, Alloa

Level: 2 (Intermediate)

Target audience: Anyone with an interest in ASD

The speaker: Luke has been working for several years in the field of autism and Asperger Syndrome, with roles ranging from Project Development Manager, Training Consultant and Regional Development Officer. His most recent post is with Sheffield Hallam University, as Senior Lecturer in autism and the course leader for the Post Graduate Certificate in Asperger Syndrome, run in collaboration with the National Autistic Society.

Luke's Doctoral thesis at Sheffield Hallam University was titled: Asperger Syndrome and Perceived Offending Conduct: A Qualitative Study. He co-wrote the ASPECT consultancy report, and is co-editor of two books on Asperger syndrome published by Jessica Kingsley. His interests are anything related to autism and Asperger syndrome, pretty much to the exclusion of everything else.

CETA Cost per person

£140.00 (Professional)

£60.00 (Parent / Individual with ASD)

**Course No: 5****An Introduction to Autism Spectrum Disorders (ASD)****Course description:**

This workshop is designed for practitioners new to the field of autism. Participants will be introduced to basic concepts and theories relating to Autism Spectrum Disorders.

The notion of autism as a spectrum disorder will be explored along with biological, psychological and behavioural aspects of the condition.

The workshop will be presented by experienced practitioners who will introduce practical approaches alongside theoretical principles.

The workshop will be interactive with opportunities for discussion and questions

Speaker:	Jeanie Northover, Senior Autism Advisor
Date:	Tuesday 8 December 2009
Time:	10am – 4pm
Venue:	Gean House Conference Centre, Tullibody Road, Alloa
Level:	1 (Introductory)

Target audience: Practitioners new to the field and parents requiring basic information.

The speaker: Jeanie Northover is a Senior Autism Advisor within the Autism Advisory and Consultancy Service. Jeanie has been a Senior practitioner in the field of autism for 15 years. Jeanie has a BPhil in Special Education Autism (Adults) & BA (hons) Visual Communication.

CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
*External (off-site) cost on request for up to 25 delegates	£700.00

*This course can be delivered off-site at a venue of your choice for up to a maximum of 25 people. If you would like further information please contact a member of the CETA training team on 01259 720044 or e-mail ceta@autism-in-scotland.org.uk.

**JANUARY****Course No: 6****Access to the Learning Environment and Curriculum for pupils with an ASD****Course description:**

To discuss the key elements of an inclusive learning environment, including:

- Communication systems
- Structure and organisation
- Differentiation of content, style and resources
- Consultation with pupils and parents

To examine the components of an individualised teaching plan for pupils with an ASD:

- Assessment and profiling
- Setting targets
- Evaluating and reviewing the plan

To discuss current issues in planning and developing the curriculum in relation to pupils with an ASD.

Speaker:	Moira Park, Deputy Head Outreach
Date:	Tuesday 12 January 2010
Time:	10am – 4pm
Venue:	Gean House Conference Centre, Tullibody Road, Alloa
Level:	2 (Intermediate)

Target audience: Professionals who are responsible for developing and teaching the curriculum to pupils with ASD.

The speaker: Moira Park has recently joined The Scottish Society for Autism as Education Advisor and Consultant, based at New Struan School, Alloa.

She has come from East Renfrewshire where she was Depute Head in Carlibar Primary School, Barrhead, with management responsibilities for a pre school unit and a Centre for primary age pupils with autism. She also managed the outreach team which supported pupils in Primary and Secondary schools throughout the authority.

Moira was seconded to an HMIE working group that produced a report on Education for Pupils with ASD, then on the reference group that followed up the recommendations

CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
-----------------------------	---

**Course No: 7****Communication Issues and the Sensory Perceptual Experience in Autism**

Course description: Difficulties with language and communication are one of the defining features of autism. It is worth investigating language peculiarities and development in autism from the perspective of different sensory perceptual processes and cognitive styles; then we could see that people with autism do communicate (though sometimes their attempts to transmit information are unnoticed by their non-autistic communicative partners); they do not lack communicative intent but rather often use unconventional means of communication.

The sensory perceptual experience of the world of autistic children differs from that of non-autistic individuals, and their original internal language (as a tool of formulating and expressing thoughts) is consisted of 'sensory perceptual words'. This 'language' becomes central to their intellectual, emotional and social development. It is important to identify each autistic individual's non-verbal language – which can be visual, tactile, kinaesthetic, etc. – in order to establish a shared means of verbal communication.

Speaker: Olga Bogdashina, Visiting Lecturer and Consultant
Date: Tuesday 19 January 2010
Time: 10am – 4pm
Venue: Gean House Conference Centre, Tullibody Road, Alloa
Level: 2 (Intermediate)

Target audience: Speech Therapists, Occupational Therapists, Teachers, Support Staff, Professionals working with autistic individuals and Parents

The speaker: Dr Olga Bogdashina has worked extensively in the field of autism as a teacher, lecturer and researcher, with a particular interest in sensory-perceptual and communication problems in autism. She has written articles and books on autism, the most recent ones are: *Sensory Perceptual Issues in Autism and Asperger Syndrome: Different sensory experiences – different perceptual worlds* (2003), Jessica Kingsley Publishers; *Communication Issues in Autism: Do we speak the same language?* (2004) Jessica Kingsley Publishers, and *Theory of Mind and the Triad of Perspectives on Autism and Asperger Syndrome* (2005) Jessica Kingsley Publishers.

Olga teaches and lectures around the world. She is currently a Visiting Lecturer at Birmingham University and Consultant Psychologist for Adults with Autism. She has a teenage autistic son.

CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
-----------------------------	---

**FEBRUARY****Course No: 8****Current Research and Implications for Practice in Autism Spectrum Disorders****Course description:**

To give a summary of current research findings on:

- The conceptualisation of ASD and diagnosis
- The biological base
- The psychological underpinning
- The value of interventions
- To trace research findings from biology, through psychology, into behaviour

To examine current 'best practice' in the education of children and young people with ASD covering issues of:

- Evaluating interventions
- Inclusion
- Preparation for adulthood
- To show how understanding more about ASD leads to more effective education and care and ways of avoiding challenging behaviour.

Speaker: Professor Rita Jordan OBE, Emeritus Professor in Autism Studies
Date: Wednesday 24 February 2010
Time: 9.30am – 3.30pm
Venue: Gean House Conference Centre, Tullibody Road, Alloa
Level: 1-3 (Introductory - Advanced)

Target audience: All those parents or professionals who wish to update their understanding of ASD and see how research can help improve practice.

The speaker: In the 1960's Rita established services in the UK for children then excluded from education including an opportunity group and a toy library. She is a qualified teacher who has taught in mainstream and special schools, including 9 years as Deputy Principal of a school for children with ASD. She has taught in Higher Education for 22 years and in 1993, she developed a range of professional development programmes in autism studies at The University of Birmingham, including a web-based one. She has written about and researched many aspects of ASD and has been involved in training events, consultations and conferences all over the world. She has served on national and international task forces and working parties to review evidence and offer advice in relation to ASD. In 2007 she received an OBE for her services to special needs education.

CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
-----------------------------	---



MARCH

Course No: 9

Training for Trainers – An Introduction to Autism Spectrum Disorders (ASD)

Course description:

Phase 1: Training for Trainers

To discuss the key elements of an inclusive learning environment, including:

- To introduce delegates to the SSA's "An Introduction to ASD"
- Introducing basic concepts for training adult learners
- Developing delegates own practice and experiences with the training material
- Some of the essentials! Preparing, delivering and evaluating your training
- Delegates will be involved in presenting, giving and receiving feedback

Speaker: CETA Trainers
Date: Tuesday 2, Wednesday 3 & Thursday 4 March 2010
Time: 10am – 4pm
Venue: Gean House Conference Centre, Tullibody Road, Alloa
Level: 3 (Advanced)

Target audience: People who are interested in delivering training to staff who are working with people with ASD.

Phase 1: Attendance on the Training for Trainers course.

Phase 2: Additional cost for purchasing the Introduction to ASD pack and mentored through the first delivery of this training.

Phase 3: Additional cost to seek accredited status in the delivery of the Introduction to ASD.

Criteria for eligibility: Delegates should possess extensive theoretical and working knowledge of Autism Spectrum Disorders.

The speaker: CETA Trainers who have extensive experience in delivering "An Introduction to ASD".

CETA Cost per person	£550
-----------------------------	------



Course No: 10

An Introduction to Autism Spectrum Disorders (ASD) (Education Focus)

Course description:

This workshop is designed for practitioners new to the field of autism. Participants will be introduced to basic concepts and theories relating to Autism Spectrum Disorders.

The notion of autism as a spectrum disorder will be explored along with biological, psychological and behavioural aspects of the condition.

The workshop will be presented by experienced practitioners who will introduce practical approaches alongside theoretical principles.

The workshop will be interactive with opportunities for discussion and questions

Speaker: Moira Park, Deputy Head Outreach
Date: Monday 8 March 2010
Time: 10am – 4pm
Venue: Gean House Conference Centre, Tullibody Road, Alloa
Level: 1 (Introductory)

Target audience: Practitioners new to the field and parents requiring basic information.

The speaker: Moira Park has recently joined The Scottish Society for Autism as Education Advisor and Consultant, based at New Struan School, Alloa.

She has come from East Renfrewshire where she was Depute Head in Carlibar Primary School, Barrhead, with management responsibilities for a pre school unit and a Centre for primary age pupils with autism. She also managed the outreach team which supported pupils in Primary and Secondary schools throughout the authority.

Moira was seconded to an HMIE working group that produced a report on Education for Pupils with ASD, then on the reference group that followed up the recommendations.

CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
*External (off-site) cost on request for up to 25 delegates	£700.00

*This course can be delivered off-site at a venue of your choice for up to a maximum of 25 people. If you would like further information please contact a member of the CETA training team on 01259 720044 or e-mail ceta@autism-in-scotland.org.uk.

CETA TRAINING

November 2009 - March 2010

Calendar of Events

NOVEMBER 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

- Let's Play: Understanding and Developing Core Play Skills (Day 1)
- Let's Play: Understanding and Developing Core Play Skills (Day 2)

DECEMBER 2009

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- Understanding and Supporting Offending Conduct in relation to People with Autism/Asperger's syndrome
- Understanding Sexuality and Identifying Teaching Strategies
- An Introduction to Autism Spectrum Disorders

JANUARY 2010

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- Access to the Learning Environment and Curriculum for pupils with an ASD
- Communication Issues and the Sensory Perceptual Experience in Autism

FEBRUARY 2010

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

- Current Research and Implications for Practice in Autism Spectrum Disorders

MARCH 2010

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- Training for Trainers – An Introduction to ASD
- An Introduction to Autism Spectrum Disorders (Education Focus)
- Well Being, Emotions and Challenging Behaviour in ASD
- Autism and Music



The **Scottish Society** for **Autism**



**Course No: 11****Well Being, Emotions and Challenging Behaviour in Autism Spectrum Disorders (ASD)****Course description:**

- Discuss the concept of well being
- Identify the vulnerabilities of people on the Autistic Spectrum to loss of well being
- Identify the links between lack of well being and challenging behaviour
- Identify the practices that contribute short and long term to improving the access of people to positive well being
- Review the concept of control, its links to well being and behaviour and practices that will help us work constructively with control dynamics

Speaker: John Clements, Clinical Psychologist
Date: Wednesday 10 March 2010
Time: 9.30am – 4pm
Venue: Gean House Conference Centre, Tullibody Road, Alloa
Level: 2-3 (Intermediate / Advanced)

Target audience: Professionals and parents who support people on the autistic spectrum (children/adults) who present with significant behavioural and emotional difficulties.

The speaker: John is a Clinical Psychologist whose career has focused mainly on trying to find practical ways of helping people with developmental disabilities, particularly people on the autistic spectrum, move on from the behavioural and emotional difficulties that they experience. More recently John has expanded this work to include looked after and adopted children who experience attachment difficulties. John held senior posts in the UK Health and University systems before moving on to self employment and recently returned to the UK after working for 10 years in California. He is the author of several books and many articles about his careers interests.

CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
-----------------------------	---

**Course No: 12****Autism and Music****Course description:**

The music and autism training programme is designed to enable those working or living with people on the autistic spectrum to:

- Use music and sound as part of a therapeutic and expressive experience with no formal musical skills or training required
- Engage in activities that can support a process of improvement in terms of sequencing and organisational skills
- Engage in activities that can support a process of improvement in terms of sensory integration
- Identify, select and develop appropriate resources including recording sound and sound making devices

...many autistic people develop significantly improved sequencing (organisational) skills whilst listening to or actually making music." Oliver Sacks: Musicophilia – Tales of Music and the Brain (2007)

Tony Attwood wrote this: "You work with children with autism using music in a fascinating and unique way. I strongly endorse your approach and intuitively find it extremely appealing...for those with autism who are very young or a severe expression of autism, I think this would be an extremely enjoyable and productive experience for them."

Speaker: John Biddulph
Date: Wednesday 17 March 2010
Time: 10am – 4pm
Venue: Gean House Conference Centre, Tullibody Road, Alloa
Level: 1-2 (Introductory-Intermediate)

Target audience: Parents, carers, educators, therapists and those working in mental health and other branches of the health service including clinicians and decision makers from caring organisations.

The speaker: Dr. John Biddulph holds first degrees in music and art history, a master's degree researching creativity using ICT for children with special educational needs and a PhD from Trinity College researching autism and learning technologies. He is a qualified teacher. John has worked as a professional musician and composer, project manager for the European Agency for Development in Special Needs Education, a freelance autism consultant and trainer, a visiting tutor for a PG Certificate course in Asperger Syndrome, an external examiner for PhD studies in autism, work on The Nautilus Project, composing and playing music to facilitate sensory integration. John has a diagnosis of Asperger Syndrome.

CETA Cost per person	£140.00 (Professional) £60.00 (Parent / Individual with ASD)
-----------------------------	---



Choose the best training option to suit you

CETA Training: This training is offered on fixed dates, open to anyone who has an interest in ASD and is advertised to a wide market. Course details can be found in our training programme and on our website.

Attending CETA courses provides the opportunity to hear national and international speakers in autism enabling delegates to network with other professionals in the field.

In addition to CETA we have an in-house highly experienced team of trainers in the field of Autism Spectrum Disorders.

External ‘off-site’ Training: Training delivered to a specific group or organisation at the venue of the purchasing organisation’s choice.

Bespoke Training: Training specially designed in response to staffing needs in relation to supporting individual clients with ASD.

Autism Practice Forums: A programme of training designed to cover a variety of topics that are essential for staff teams to positively support the needs of people with autism.

ASD Consultancy: A range of consultancy can be provided to organisations / families / individuals to address the specific needs of the client following a person-centred approach.

ASD Consultancy is provided through the delivery of assessments, observation of practice and tailored training.

Parent Training: A range of individual courses and training programmes tailored to meet the specific needs of parents caring for a child or adult with autism.

Therapeutic Services: A range of therapeutic services including counselling, group therapy can be offered to individuals with Asperger's syndrome, couples or groups.

Specialist Assessments: A range of specialist assessments can be carried out to provide organisations supporting people with Autism/Asperger's syndrome with a working document. This will incorporate an autism profile of needs with recommended good autism practice guidelines.

Whatever your requirements, we will have a training service to suit you and your staff.



Training for Parents

A range of individual courses and training programmes tailored to meet the specific needs of parents caring for a child or adult with autism.

emerge

Early Skills Development Training for Parents

Learning Outcomes

The training aims to increase parents understanding of their child’s ASD through:

- Understanding concepts and theories of ASD
- Increasing theoretical knowledge to enable the parent to develop an individual understanding of their child
- Understanding the impact of autism through family relationships
- Understanding the impact of ASD on early skills development across key areas such as:
 - Coming together
 - Understanding your child’s autism profile
 - Toolbox
 - Understanding behaviours that challenge
 - Developing communication and play
 - Dressing and going out
 - Sleeping
 - Eating and drinking
 - Toileting
 - Washing and brushing teeth

Who is the training aimed at?

- Parents of pre-5 children who have been newly diagnosed with an ASD
- Parents who wish to share their experiences with others in a similar situation

Level of Training

- An extensive training programme for parents of children with ASD
- The training aims to increase theoretical knowledge
- To provide knowledge on how to develop and implement practical strategies across early developmental function areas

Length of Training

6 sessions (consisting of 4 hours per session)

External (off-site) cost on request for up to 10 parents

£4,200

This training can be commissioned by a local authority (health, education, social work) or parent groups / organisations to be delivered in your local area for up to 10 parents.



RU:teen: Relationships and Understanding for Parents of Teenagers with Autism and additional Learning Disability

Learning Outcomes

The training aims to increase parents understanding of their teenagers ASD through:

- Understanding concepts and theories of ASD
- Understanding a range of practical strategies
- Understanding the impact of autism through family relationships
- Understanding the impact of ASD on the specific areas of living

The programme

- The starting point
- Introducing the ‘toolbox’ & ‘toolkits’

Daily challenges to:

- Behavioural difficulties
- Communication
- Independent living (personal hygiene; sleep; diet; toileting; sexual behaviour; safety)
- Social functioning
- Transition
- Future horizons

Who is the training aimed at?

- Parents of teenagers who have a diagnosis of ASD and additional learning disability
- Parents who wish to share their experiences with others in a similar situation

Level of Training

- An extensive training programme for parents of teenagers with ASD and additional learning disability.
- The training aims to increase theoretical knowledge to enable the parent to develop an individual understanding of their teenager.
- To provide knowledge on how to develop and implement practical strategies in response to the key areas of difficulty in daily living for teenagers.

Length of Training

6 sessions (consisting of 4 hours per session)

External (off-site) cost on request for up to 10 parents

£4,200

This training can be commissioned by a local authority (health, education, social work) or parent groups / organisations to be delivered in your local area for up to 10 parents.



RU:teen: Relationships and Understanding for Parents of Teenagers with Asperger’s syndrome (AS)

Learning Outcomes

The training aims to increase parents understanding of their teenagers Asperger’s syndrome through:

- Understanding concepts and theories of AS
- Understanding a range of practical strategies
- Understanding the impact of AS through family relationships
- Understanding the social and emotional impact of AS in teenagers throughout daily life

The programme

- The starting point
- Introducing the ‘Toolbox’ & ‘toolkits’
- Relationships
- Sexuality
- Anger management
- Bullying
- Anxiety and depression
- Positive Living (personal hygiene; sleep; nutrition)
- Transitions and Future Horizons

Who is the training aimed at?

- Parents of teenagers who have a diagnosis of AS
- Parents who wish to share their experiences with others in a similar situation

Level of Training

- An extensive training programme for parents of teenagers with AS.
- The training aims to increase theoretical knowledge to enable the parent develop an individual understanding of their teenager.
- To provide knowledge on how to develop and implement practical strategies in response to the key areas of difficulty in daily living for teenagers.

Length of Training

6 sessions (consisting of 4 hours per session)

External (off-site) cost on request for up to 10 parents

£4,200

This training can be commissioned by a local authority (health, education, social work) or parent groups / organisations to be delivered in your local area for up to 10 parents.



External Training Service

Training delivered to a specific group or organisation at the venue of the purchasing organisation's choice.

An Introduction to Asperger's syndrome

Course description:

- The 'spectrum' of Asperger's syndrome
- The training aims to increase theoretical knowledge in order to understand the individual manifestations of AS
- Interpreting the presentation of Asperger's syndrome

Level: 1 (Introductory)

External (off-site) cost on request for up to 25 delegates	£700.00
---	---------

Understanding and Responding to Behavioural Challenges in Autism

Course description:

- To focus on the range of behaviours that may be displayed by individuals with Autism Spectrum Disorders
- To explore the possible functions that such behaviours may serve
- Explore a range of de-escalation strategies
- Explore a range of pro-active strategies of support

Important Information: An Introduction to ASD is a pre-requisite to attending this course.

Level: 2 (Intermediate)

External (off-site) cost on request for up to 25 delegates	£700.00
---	---------



Practical Communication Strategies in Autism

Course description:

- Exploring the rationale for concrete communication systems
- Identifying difficulties with communication in Autism Spectrum Disorders
- Developing and supporting the use of individualised visual supports
- Exploring behaviour as a means of communication

Important Information: An Introduction to ASD is a pre-requisite to attending this course.

Level: 2 (Intermediate)

External (off-site) cost on request for up to 25 delegates	£700.00
---	---------

Working with Adults with Autism and additional Learning Disability

Course description:

This interactive workshop is designed for practitioners working with individuals with autism and a moderate to severe learning disability. It will focus on developing practical strategies for supporting individuals into, and within, an adult environment:

- What strategies a person might need to assist them with transition to a post-school environment
- Ways that the environment can be adapted to the individual
- Principles for developing a structured, meaningful environment
- Principles for developing vocational, leisure and independent living skills

Important Information: An Introduction to ASD is a pre-requisite to attending this course.

Level: 2 (Intermediate)

External (off-site) cost on request for up to 25 delegates	£700.00
---	---------

If you would like further information please contact a member of the CETA training team on 01259 720044 or e-mail ceta@autism-in-scotland.org.uk.



Specialist Assessments

A range of specialist assessments can be carried out to provide organisations with a working document to support people with Autism/Asperger's syndrome within their service (day/residential/work placement). This will incorporate an autism profile of needs with recommended good autism practice guidelines.

Adolescent and Adult Psychoeducational Profile (AAPEP) / The TEACCH Transition and Assessment Profile (TTAP)

Course description:

- Functional assessments
- Suitable for individuals with autism and are functioning intellectually within the moderately to severely learning disabled range

Focusing on:

- Functional communication
- Interpersonal behaviour
- Vocational skills
- Vocational behaviour
- Independent functioning
- Leisure skills

The TTAP is particularly useful for assessing, teaching and planning for post school transition.

The Psychoeducational Profile Revised (PEP-r) / Psychoeducational Profile: Third Edition (PEP-3)

Principally a developmental assessment, the PEP-r/PEP-3 is designed to identify the uneven pattern of development commonly found in children with an autism spectrum disorder.

The function domains for the PEP-3 have been revised to reflect current research and clinical concerns, especially in the area of social and communication functions.

Suitable for children with autism who are functioning at or below preschool range and chronologically below age 7.



Focusing on developmental functioning in the following areas:

PEP-3

- Cognitive Verbal/Preverbal
- Expressive Language
- Receptive Language
- Fine Motor
- Gross Motor
- Visual-Motor Imitation
- Affective Expression
- Social Reciprocity
- Characteristic Motor Behaviours
- Characteristic Verbal Behaviours

All assessments will include an extensive written report showing the scattered developmental profile of the child along with recommendations.

External (off-site) cost on request	£3,500
--	--------

If you would like further information please contact a member of the CETA training team on 01259 720044 or e-mail ceta@autism-in-scotland.org.uk.



ACCOMMODATION AND TRAVEL GUIDE

TRAVEL BY RAIL

The nearest train station to Alloa is Stirling Train Station.

Stirling is approximately a 20 minute car journey to Alloa. There is a taxi and bus service available outside the train station.

National Rail Enquiries

Tel: 08457 484950

Website: www.nationalrail.co.uk

Stirling Bus Station

Tel: 01786 446474

Website: www.stirling.co.uk/localservices/busstation.htm

TRAVEL BY AIR

The nearest airport to Alloa is either Glasgow Airport or Edinburgh Airport. There is a taxi service available at both airports. Travel time from either airport is approximately a 45-60 minute car journey.

ACCOMMODATION

Gean House Hotel and Conference Centre

Tullibody Road, Alloa FK10 2EL

Tel: 01259 226400

Fax: 01259 226411

E-mail: info@geanhouse.co.uk

Website: www.geanhouse.co.uk

Dunmar House Hotel

Dunmar Drive, Alloa FK10 2EN

Tel: 01259 214339

Fax: 01259 210970

E-mail: enquiries@dunmarhouse.co.uk

Website: www.dunmarhouse.co.uk

Claremont Lodge Hotel

Kellie Place, Alloa FK10 2DW

Tel: 01259 214575

Website: www.claremontlodgehotel.co.uk

Glenmore House B&B

23 Claremont, Alloa FK10 2DF

Tel: 01259 219206

Website: www.glenmoreatclaremont.com

Breacan House

West End Gardens, Alloa FK10 1LN

Tel: 01259 724786

Website: www.breacan-house.co.uk

All accommodation is a short journey to Gean House Conference Centre.



The **Scottish
Society** for
Autism

CETA – The Centre for Education and Training in Autism,
Hilton House, Alloa Business Park, Whins Road,
ALLOA FK10 3SA

Tel: 01259 222032 Fax: 01259 720051

E-mail: ceta@autism-in-scotland.org.uk

Website: www.autism-in-scotland.org.uk

Scottish Charity No. SC009068

Registered in Scotland No. 81123